

ENVIRONMENT

SANDRA M. JAILANI
School of Allied Medicine
Universidad de Zamboanga
Zamboanga City, Philippines

I choose this topic because this is the one problem of our country especially here in Philippines. Many are not aware of any disease we can get from our environment. This can cause the children and adult health, in our environment many sicknesses or ill we can get from our surroundings. The air we can inhale are not good in our body because of the air pollution. There are many children have a respiratory illness not only children but also adult. The one reason why we have an unhealthy environment because of throwing the garbage anywhere like in river and sea. People can avoid this problem by obeying the rules and regulation of our country. Why environment is very important to us, why? Because without this, people can't survive, this is always in our life. We must cooperate of what the laws here in Philippines, so that many people can have healthy lifestyle.