

WORLD PEACE

Shanina A. Musahari
School of Allied Medicine
Universidad de Zamboanga
Zamboanga city, Philippines

We have an amazing planet with a skin of life that can provide a good life for everyone. Our problem is not the nature of Planet Earth, but the nature of its human inhabitants, who throughout history have been addicted to war, greed and lust for power. Instead of making skeletons of our enemies, now we can make them our friends. World peace is an idea simple in principle but difficult to achieve in practice because, as individual members of our species, we have not found peace within ourselves. Societies cannot be peaceful societies until the members of the society look peacefully toward each other. But, it is impossible to look peacefully toward each other under constant threat for one's survival. Many people believe peace is impossible. Individuals no longer believe that they count nor that they can do anything to effect world events, it is precisely the opposite. For only when individuals take total responsibility for their own lives, find within themselves communion with the Creative Force and live in peace with their neighbors and environment, only then will forces be set in motion that will eventually bring about world peace. No power can create peace when humans have fear, anger and hate in their hearts, however insignificant those individual humans may think they are.

How can we achieve Peace on Earth? There are many ways to promote peace in the world but perhaps the best way is to promote it within ourselves. By sharing our inner peace with others, peace will spread. By raising our children properly and teaching them to respect and love their neighbors (didn't someone say this before? they will learn the joy of peace. Finding peace is not just about learning how to obtain it, but also learning how to hold onto it without slipping back to angry ways. If you want to achieve Peace, do not talk only to your friends, talk to your enemies because blessed are the peacemakers (those actively working to reconcile alienated persons) for they shall be called the children of God. The greatest success of war-makers comes when they put aside their differences and make a united effort against their enemies. It is time for the peacemakers of the world to unite all the actions that promote peace, justice and a sustainable future. Helping others also has the direct effect of increasing our personal peace and well-being, but this is merely one of the *many* bonuses that come from sharing our kindness with our fellow human beings. Did we mention that is better to give than to receive?.

Around the world there are hundreds of groups with different creeds and cultures who have one thing in common: They are seeking to know and practice the ways of peace. They differ in many of their views, but share one goal -- to be peacemakers. Jesus said, "Blessed are the peacemakers." There must be No More Wars. The human family has seen the light -- and will act now with all their might. "Let there be Peace on

Earth -- And let it begin with me."