

## Peace

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How can we achieve the peace? Is there anyone who is concern in spreading peace? The answer is within us!

Peace may define as a state of quiet or tranquility; freedom from disturbance or agitation; calm; repose. Blue is the color of peace. Look at the sky, it symbolizes as peace. Peace is related to our life. Peace is the only key to success to make our world a better place to live in Peace is started in the bottom of our heart. We need to clean and make peace in our heart so that it will make us a better person. There's a time and place for us to choose the right path of peace. We need to love the "Almighty God" because he is the only who created us and can be dependable at all times in terms of praying. There are sufferings sometimes upon the world because these are challenges that God gave to us. All of us are the same even though we are rich or poor; of different beliefs and religion. Don't think you are different because we are God's creations. We need to have peace because it is the only way to become successful.

The peace process acknowledges and contends with its alternative -- war-- because of the high value status of violence. For example, while war has brought out the worst kind of behavior in humans, it has also brought out some of the best. Aside from relieving boredom and monotony, war has been shown to spawn self-sacrifice, loyalty, honor, heroism, and courage. It is well known that suicide rates decline during war. Also, war has helped to bring about significant social changes such as racial and sexual integration, freedom, democracy and a sense of national pride. Because of its apparent utilitarian value and its ability to enervate, violence has been solidly embedded in the national psyche of many countries. As a result, its elimination will be no easy feat. Nevertheless, Reardon (1988) insists that peace is the absence of violence in all its forms --physical, social, psychological, and structural (p. 16). But this, as a definition, is unduly negative in that it fails to provide any affirmative picture of peace or its ingredients (Copi and Cohen, p. 195). Perhaps that picture must come, as Okane (1992) suggests, from a close examination of the nature of causes, reasons, goals of war in order that we might ... find ways of reaching human goals without resorting to force. That process should help us uncover the possible conditions of Peace.

Finally, we need to promote peace not only in ourselves, in our family, in our place but in the whole world. Is there still away out? Is there still away out of this mess? The answer is within us. We hold our future. We the youth of this worlds hope for PEACE.