Environment Rayhan Jailani School of Allied Medicine Universidad de Zamboanga Zamboanga City, Philippines

Our environment is so important in our life, because it surrounds us, this is the place were we get our food, shelters and all the different sources that we need but because of our improper use of it, our environment now are starting to get worsen, the air now are polluted ,unlike before people live and inhaled with fresh air, but now a days, people inhaled with dirty air that contains some microorganism and some hazardous chemicals that can cause pulmonary diseases, the rivers are now dirty because people use to throw there garbage's in the river and some factories are also disposing their hazardous chemicals into the river, that's why people now are not safe to drink and swim in some rivers because it can harm them. And we are also the one who can help to save our environment, even in a simple way. We can also plant a trees so that we can avoid landslide and it releases oxygen so that we can inhaled fresh air , and we must maintain the cleanliness of our environment to avoid the negative disadvantages.