

THE THINGS WE CAN DO FOR MOTHER EARTH

By: Raissa T. Guldam
BS Medical Technology
Universidad de Zamboanga
Zamboanga City, Philippines

Our environment, particularly, our Mother Earth of today is not what it is like before. Today, there are numerous of natural disasters going on in different parts of the earth almost every month. A number of flora and fauna species are becoming endangered and worst, heading to extinction. The problems on pollution are getting worse to worst as industrialization progresses. The seas are always spilled with tanker oils and as days go by, different diseases are being discovered due to the changes in the climate and environment.

So what can we do to lessen and prevent occurrences of these calamities?

AT HOME. We can adapt the recycle-reuse-reduce scheme at home. We can recycle our plastic containers and old newspapers, reuse plastic bags and reusable things and reduce our consumption by just buying what we need. We can also segregate our wastes by having a proper disposal system of biodegradable, non-biodegradable, and recyclable. The biodegradable wastes can be thrown to the compost pit to become organic fertilizers while the recyclables can be sent to the junk shop.

IN SCHOOL. We can participate in different environmental activities such as tree-planting and coastal clean-ups. We can also join environmental campaigns wherein we can help disseminate information about the condition of Mother Earth. And we can also attend seminars and camps so as to learn more from it.

IN THE COMMUNITY. If we live near the beach, we can put old tires in the shallow water because this helps the fish in laying eggs. If we live in the highlands, we can plant more trees to have more shades and carbon absorbers. If we live in the city, the very basic thing that we can do is to always throw our trash in the disposal bin.

AS YOU. You must not patronize clothes, bags and belts made from animal skin and tusks. And you must not make wild animals as pets because they are meant to be in the jungle. You can also create a social page in the internet to inform your friends about current issues on environment.

So these are just some ways that we can do to help Mother Earth. We just have to cooperate and have strong determination to do all these things. We must always remember that our environment is a blessing from God, the Most High. That is why we should take care of this blessing for His sake and for the next generations of human race.