

World Peace

By: Louise S. Villaruel
BS Respiratory Therapy 1
School of Allied Medicine
Universidad De Zamboanga
Zamboanga City, Philippines

Peace is very important on Earth. If there is no peace, how can we live? Without peace people will not love each other, people will not learn to forgive and forget; people will not respect and understand each other. Help the people who need your help. As what God have said. "If someone is hungry, give him/her food to eat. And if someone is thirsty, give him/her water to drink." Help each other. So that God will also help us in all the trials and challenges that we are facing in our life. Peace will start by our own self.

Love each other. Love the people around you, specially your enemy. Love them with all your heart. Even thou they don't love you, even thou they have committed mistakes on you and even thou they are your mortal enemy. Learn to forgive and forget. Forgive the people that have committed mistakes on you and forget all what they did on you. If you forgive that person, God will also forgive all your sins and if you forget what that person did on you. You will have peace on your mind and on your heart. And as well as you will also have peace between you and that person that have committed a sin on you. Understand each other. Understanding is very important to have peace. Respect each other. Respect every people around you. Especially the people that is older than you. Respect the decisions of other people. So that they will also respect you and they will also respect your decisions. Love, learn to forgive and forget, understand and respect each other. This is the only way to have peace on Earth.