

## World Peace

Qalifa U. Dimaampao  
Bachelor of Science in Respiratory Therapy  
School of Allied Medicine  
Universidad de Zamboanga  
Zamboanga City, Philippines

Each of us has to find from within, and PEACE to be real must be unaffected by outside circumstances. When we say peace, it is not the relationship of nations, indeed, it is a condition of mind brought about by a serenity of soul. Lasting peace can come only to peaceful people. There can never be peace between nations until there is first known that TRUE peace is within the soul of men. Peace can be reached through meditation on the knowledge which dreams give, it can be reached through concentration and cooperation upon that which is dearest to the part. Everything is changeable, everything appears and disappears, there is no blissful peace until one passes beyond the agony of life and death. Do not seek it without! Peace comes within. Through force can protect in emergency, only justice, fairness, consideration and cooperation can finally lead to the dawn of eternal PEACE.

We have to sit and understand each other's cultural values. The first thing to do is the Activism, to make people understand that people around the globe are the same and a problem of a person sitting in one country and of a person sitting in another country may not be the same. We should understand that the citizen of the world is not his enemy but it requires the same attention as he himself. There is no conflict in the world, which cannot be solved, what is required for conflict transformation is little effort and sincerity. We the youth, can play our role as agents of change in our communities by developing the sense of rights and responsibility among our fellows, organizing in the groups and building our capacities. A person must be able to live life without the fear of being robbed or hurt by others, make peace and cooperate and collaborate to make this world a far better place. But there is something troublesome that cannot and will not happen as long as the arrogantly proud, aggressive and militant "blind flocks" keep waging the holy war.. WE will be the next wave so we have a choice of accepting the world as it is or we can fight (for the sake of peace people don't blow anything up for it.) WE have to pool all resources and supporters together and stand STRONG against tyranny and all forms of violence within this world, well at least on a global level, locally with more efforts to birth control and education, crimes should fall.. We have to stand and fight together to gain WORLD PEACE. IN any situation, it is not a matter of who is right, who is on the other side, who is the person with a different perspective. We should learn to listen twice as much as we speak so as to sample other people's opinion.

And lastly, still if we haven't got anything to strive for, Our World will be poorer for that, So let us work as one, make peace. Peace begins with me, let's help one another.