## Freedom

Yusop S. Abdurajak School of Allied Medicine Universidad de Zamboanga Zamboanga City, Philippines

Peace is a freedom, Peace starts with us. Peace acknowledgement is one of the most important thing to have freedom in our self of how saving the Earth, to love the earth, how to be with the earth.

Saving the Earth is like surviving yourself everyday, you need to have more strength, you need to eat, rest to have energy to do things to live for. Earth is the only place that God created, without Earth there is no life. Many people using resources of earth in a negative ways. Earth is like a plant, nourish it, and water it. We must do our part to save the earth with peace and freedom to live.

Having freedom in ourselves is a key to maintain the standard for saving the Earth, we must be united, we must have respect to one another, we must do right things not only for ourselves but for all of u, to love and live harmoniously.