

HUMAN ACTS

Hadzaifa T. Abirin
Nursing Department
Universidad de Zamboanga
Zamboanga City, Philippines

Man no doubt is creative because he possesses tremendous bodily kinesthetic and spiritual powers. Every minute of his life, he acts, transforming himself and the world around him. Action constitutes a person, an individual in control of himself and accountable to himself. What a person is and what becomes of him depend largely on the type of actions he performs during his life-time.

The human acts are those actions which man performs knowingly, freely and voluntarily. These actions are the result of conscious knowledge and are subjects to the control of the will. We refer to these actions as deliberate, intentional or voluntary.