

HUMAN RIGHTS

BSN Student: Angelica D. Reyes
School of Allied Medicine
Universidad de Zamboanga
Zamboanga City, Philippines

Human rights are a statement affirming the dignity and rights of all human beings, based on the principles expressed in the United Nations. The rights described in the 30 articles of the Universal Declaration of Human Rights include the right to life, liberty and security of person; to freedom of conscience, religion, opinion, expression, association and assembly; to freedom from arbitrary arrest; to fair and impartial trial; to freedom from interference in privacy, home or correspondence; to a nationality; to secure society and an adequate standard of living; to education; and to rest and leisure.

Human rights also affirm the right of every person to own property; to be presumed innocent until proven guilty, to travel from home country at will and return at will to work under favorable conditions, receive equal pay for equal work, and join union at will. Those rights of all human beings that I mention are very significant for those people who are not aware regarding their rights as a person/human being. We should fight and declare our rights for those people who are criticizing, discriminating, and people doing acts that are against the law of human rights. As one of the number of Universal Discrimination of Human Rights, it gives more ideas, information and elaborates more on the rights of every individual, and as an individual we should also know our rights.