

## **Human Rights**

Nadzwa H. Abdurahman  
Bachelor of Science in Nursing  
School of Allied and Medicine  
Universidad de Zamboanga

There are several ways of respecting people. This includes not insulting people, listen while they speak, value their opinions, be considerate of people's likes and dislikes , do not mock people, do not talk behind their backs, be sensitive to the feelings of others and not pressure them to do something he or she does not want to do.

We can show respect in many ways like speaking politely and not hurting other people's feelings. We should show good manners and care for our family, friends and people around us.