

## **Peace**

Shiny Ann S. Jumadil  
Corporate in Respiratory Therapy  
School of Allied Medicine  
Universidad de Zamboanga  
Zamboanga City, Philippines

Peace is the common thing that people are looking forward to achieve. It is also the thing that seems so easy to achieve. But then people are having a hard time achieving it because of our different outlook in life, our different culture, beliefs and religions. These are just a few of things that make us different that causes our different point of views.

With our differences, it makes achieving peace difficult. But there are things that we can do to achieve peace. We need to learn how to respect every individual, respect their rights and beliefs. We can start with little things to achieve peace and slowly change our outlook in life.