Human Rights

Dianara S. Bakiri
Bachelor of Science in Nursing
School of Allied Medicine
Universidad de Zamboanga
Zamboanga City, Philippines

Every human being is free and has the right to live their life peacefully in this world. Everyone is free to defend for their rights anytime and everywhere as long as it is stated in the laws of human rights. No one is supposed to maltreat anyone because we are the same in this world. We must not treat others badly, just as the saying that goes, "do not do unto others what you do not want others to do unto you."

Without human rights, there is no peace in our nation and all over the world. Human rights protect our dignity that without it, there is no respect that exists in every man.

In a patient's point of view, they have the right to accurate and easily understood information about his or her health plan, about the health care professionals and health care facilities. In school, both teachers and students must follow the rules and regulations. In offices, employees must be given their salary on time and the accurate amount they deserve to receive.