

## **How to save the Environment**

Rizadhel Sahiol  
Corporate in Respiratory Therapy  
School of Allied Medicine  
Universidad de Zamboanga  
Zamboanga City, Philippines

I think it is better if we help clean our surroundings, plant trees, throw our garbage properly to avoid the different type of pollution that we encounter in our daily lives today.

We know our world is beautiful if we help save our environment and everything should start from us people as a person or as a citizen of our country for us to have better lives and brighter future.