

## Setting as an Example

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As a simple college student, I would like to start within myself and with the people that surrounds me. I should give peace, love and deepest appreciation to myself first for me to have the confidence, taking root from the strong self-esteem that I have to face other people. Next to my family, my relatives, friends, and to the community where I belong. I believe that by having peace within me; will have a great impact for me to be able to extend peace to others.

How am I going to promote Peace? Simply by influencing and showing them how much peace I have inside me, will have a major brunt. It is for the fact that when you are at peace within, people will really notice. Personally, I know that we should help others, if not changing their perspective towards life, at least simplify them, because the hardest thing that we can change in this world is attitude. This changes should not be coerced, rather it should be shown and let them understood by actions. Always remember that peace is more than just the absence of war. Yes, it is the cessation of violence, but it is also the creation of conditions aligned with the principles that foster life. It requires intention coupled with action.

I often ask myself before “It’s getting out of hand, the poverty, the wars, murders, drunk driving, suicides, kidnappings, excluding, harassing, bullying, teasing, abusing. I just really don't get it, although I am only in high school, how can I promote peace just around school?”Then I realized if I really want peace, it should start in me. I would like to set an example; the September 11 attack on the World Trade Center was a crime against humanity that is politically and morally indefensible from any standpoint. Thousands of people from many lands were killed simply because they were in the wrong place at the wrong time. Politicians, corporate leaders and many others call for retaliation. They want to bomb someone, somewhere, to show that they are in control of the situation. This is the same blind lashing out that motivated those who carried out the September 11 attacks. Instead of acting out of anger, we must address the roots of terrorism, or else we will face an unending cycle of tragic destruction and retaliation