

“Let Us Unite Together”

By: **Qalifa U. Dimaampao**, BS in Respiratory Therapy
School of Allied Medicine (SAM)
Universidad de Zamboanga
Zamboanga City, Philippines

Each of us has to find from within, and peace to be real must be unaffected by outside circumstances. When we say peace, it is not the relationship of nations; indeed, it is a condition of mind brought about by a serenity of soul, lasting peace can come only to peaceful people. There can never be peace between nations until there is first known that true peace is within the soul of men.

Peace can be reached through meditation on the knowledge which dreams give, it can be reached through concentration and cooperation upon that which is dearest to the part. Everything is changeable, everything appears and disappears, and there is no blissful peace until one passes beyond the agony of life and death. Do not seek it without! Peace comes within. Through force can protect in emergency, only justice, fairness, consideration and cooperation can finally lead to the dawn of eternal peace.

Peace is a child's smile, greenery, love and a beautiful waterfall and above all, peace is the most important thing which is required in this world. But then, peace seems to be impossible and far from reality, with conflicts of the religions, countries and cultures. It seems impossible that one day the world will have complete harmony and living in tranquility. Growing tensions between developed and developing countries, no solution for old problems, widening gap between rich and poor and increasing number of people living below poverty lines are problems, which I think are the treats of global peace.

We have to sit and understand each other's cultural values. The first thing to do is the activism, to make people understand that people around the globe are the same and a problem of a person sitting in one country and of a person sitting in another country may not be the same. We should understand that the citizen of the world is not his enemy but it requires the same attention as he himself. There is no conflict in the world, which cannot be solved, what is required for conflict transformation is little effort and sincerity.

We the youth, can play our role as agents of change in our communities by developing the sense of rights and responsibility among our fellows, organizing in the groups and building our capacities.

A person must be able to live life without the fear of being robbed or hurt by others, make peace and cooperate and collaborate to make this world a far better place. But there is something troubling that cannot and will not happen as long as the arrogantly proud, aggressive and militant “blind flocks” keep waging the holy war. We will be the next wave so we have a choice of accepting the world as it is or we can fight (for the sake of peace people do not blow anything up for it.) we have to pool all resources and supporters together and stand strong against tyranny and all forms within this world, well at least on a global level, locally with more efforts

to birth control and education, crimes should fall.. We have to stand and fight together to gain world peace. In any situation, It is not a matter of who is right, who is on the other side, who is the person with a different perspective. We should learn to listen twice as much as we speak so as to sample other people's opinion.

And lastly, still if we have not got anything to strive for, Our World will be poorer for that, so let us worked as one, make peace. Peace begins with me, let us help one another.