

WHAT THE WORLD IS WITHOUT PEACE

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Peace is the greatest thing in life and the key ingredient to happiness. Peace within means peace without. Peace starts within. A change in perceptions leads to a change in attitude which leads to a change in behavior and a change in the word.

There are many ways to promote peace in the world but perhaps the best way is to promote it within ourselves. Peace is gradual and wonderful event that occurs because compassionate people inspired to help others discover the joy of peace. Helping others also has the direct effect of increasing our personal peace and well-being. Peace is probably the most important lesson we should learn during our lives and the sooner the better. The highest virtue is to preach peace because this is the secret morality, ethics, humanity, and civility. Peace is the process of progress and prosperity.

Everyday we are confronted with sad news such as violence, crimes, and disasters. Even in these modern times it is clear that one's precious life is not safe. In the former generation they didn't have experience so much bad news unlike our generation today. This awareness of fear and tension make any sensitive person question seriously the progress of our modern world. We are now in advanced societies but the basic human problems remains. There is no doubt about the increase in our material progress and technology, but somehow this is not sufficient as we succeeded in bringing about the peace and happiness in overcoming suffering.

We can conclude that there must be something seriously wrong with our progress and development. Advanced technologies contributed immensely to overall experience of humankind and to our material comfort and well-being and to our greater understanding of the world we are live in. But if we give too much emphasis on advance technologies we are in danger og losing touch with these aspects of human knowledge and understanding that aspire towards honesty and altruism. Advanced technologies capable of creating immeasurable material, it still cannot replace the humanitarian values that have largely shape world civilization in all its national forms. We all in benefit in this material but our nations still faced the same, the suffering, fear, and tension. We have to try to strike balance between the material developments and developments of spiritual and human values in order to bring great adjustments and to revive humanitarian values.

Most of our troubles are due to passionate desire for attachments to things that we misapprehend as enduring entities. The pursuits of the objects of our desire and attachments involves the use of aggression and competitiveness. These mental processes translate into actions, breeding belligerence as an obvious effects. Love and compassion are the moral fabric of world peace. Compassion is that when we have pity on poor person, we are showing sympathy because he or she is poor. Love we gives to family, parents or close friends is usually attachments. If

attachments changes, the kindness also changes and it may disappear. Real love is not based on attachments but altruism. Spiritual development gives a calmness and presence of mind. Our lives are in constant flux, bringing many difficulties. When we face with a calm and clear mind, problems can be solving. When instead, we lose our control over our minds through hatred, selfishness, jealousy and anger, we lose our judgment. Our minds are blinded and at those wild moments anything can happen including war. Thus, the practice of compassion and wisdom is useful to all especially those responsible and in those hands lie the power and opportunity to create the structure of world peace.