

## **What is Human Rights?**

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Human by nature was created with the free will to decide for his/her own. God has given us the right to choose our own path and right to decide of what we want, without distinction of any kind of race, color, sex, language, religion, political or other opinions. Since the beginning, rules and laws were mandated to control activities of man that violates the free will to choose or live freely, because of leaders that do not know on how to govern their community well. However, many people have always suffered from the lack of them throughout history. Just like in the ancient times, there is no due process, when you will be accused of something that you did, you are not given a right to defend yourself why you have committed a crime.

However, in modern days certain laws were created to protect are human rights. That's why Commission of Human Rights were established to protect the rights of every people and to punish those who abused their power. But still we lack this right, because many people still suffer and those in a higher position or has the power abused many people because many poor people doesn't know that even they are poor they still have the right to defend themselves. Our country is a democratic country, every Filipinos has the right to complain if they think that the government is not doing their duty to protect the people. That's why people power is very strong to put down those running the government. Human rights should be improved to have a better and peaceful life.