

RESPECT FOR OTHERS

Shara Jane S. Jamiunddin
School of Allied Medicine
Universidad de Zamboanga
Zamboanga City, Philippines

Respect, it is something that we all expect, but don't properly show others at times. Learn how to better show others the amount of respect that they deserve.

The definition of respect is the acknowledgement that someone or something has value. This gets to the point of the fact that while we may not always agree with someone or what they say, but we must always respect what it is that they say.

Be attentive to what they are saying. Make eye contact with them when they are talking and don't be day dreaming. Eye contact is the best way to show interest.

Be fair toward the other person. Many times we unfairly judge another person or their views and don't show them the respect they deserve.

Give them time to say what it is they want to say. One of the best ways to show no respect whatsoever is to rudely cut in while the other person is speaking. Allow them their time and you are likely to get yours as well.

Be sensitive to their thoughts and feelings. Just as you would want others to show some sensitivity toward the things you feel strongest about, you must do the same to others.

Respecting others is one of the most important characteristics of a man. Respect is something that needs to be shown to everyone. Respect is something that is learned over time.

Treating people with respect makes your world a nicer place to live in, whether it's at home, at school, or out in your community.

All you have to do is treat people the way you like to have them treat you. Don't insult people or make fun of them, Listen to others when they speak, Value other people's opinions, be considerate of people's likes and dislikes, don't mock or tease people, Don't talk about people behind their backs, Be sensitive to other people's feelings, Don't pressure someone to do something he or she doesn't want to do.

We live in a diverse nation made up of many different cultures, languages, races, and backgrounds. That kind of variety can make all our lives a lot more fun and interesting, but only if we get along with each other. And to do that we have to respect each other like Try to learn something from the other person, never stereotype people, show interest and appreciation for other people's cultures and backgrounds, Don't go along with prejudices and racist attitudes.