

Keep Your Eyes and Ears Open

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I've been seeing people in the television who are tortured, treated inhumanly, which is very degrading on their part. It is a form of punishment by the police authority, accordingly, which is the opposite of Article 5. Everyday of my life, I hear people complaining with their right for fairness and equality.

Then a question came into my mind, why is it that people who knew well about human rights is the first one to destroy it? Does it mean that we don't need to know well about human rights?

Now I found out that it is very important for us to know about human rights. But knowing it is not just enough. We need to practice those rights within ourselves in order for us to have peace. And since not everyone knows about human rights, each one of us shall strive hard in teaching and educating those people so that they will be free from the human rights abusers.

In view of that, we should open our eyes and ears for us to have an integral understanding of human rights and we should encourage others to respect the dignity of all especially the weak and powerless.