

HUMAN RIGHTS

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Today, the values of democracy, open society, respect for human rights, and equality are becoming recognized all over the world. To my mind there is an intimate connection between democratic values and the fundamental values of human goodness. Most importantly, democracy is also the most effective basis for ensuring World Peace.

However, responsibility for working for peace lies not only with our leaders, but also with each of us individually. Peace starts within each one of us. When we have inner peace, we can be at peace with those around us. When our community is in a state of peace, it can share that peace with neighboring communities and so on. When we feel love and kindness toward others, it not only makes others feel loved and cared for, but it helps us also to develop inner happiness and peace. We can work consciously to develop feelings of love and kindness. For some of us, the most effective way to do so is through religious practice. For others it may be non-religious practices. What is important is that we each make a sincere effort to take seriously our responsibility for each other and the world in which we live.

The declaration states that everyone is entitled to equal rights and freedoms without discrimination of any kind. Peace and freedom cannot be ensured as long as fundamental human rights are violated. Similarly, there cannot be peace and stability as long as there is oppression and suppression. It is unfair to seek one's own interests at the cost of other people's rights.

A genuine respect for Human Rights is a key for development, progress and etc. If a person has a respect for the rights of others, for their culture and religion there would be World Peace.