

## **Human Rights**

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Over the years of our existence in this world, we have encountered so many barriers/ conflicts in our surrounding that sometimes it is commonly happened in our community, which is not good because the result of the misunderstanding will affect the innocent people especially the children. If we don't do anything, who will? We must do something for the welfare of the people around us.

Peace is the only solution to the problem that we are now encountering. There is no way to have peace without justice. Peace will start within us. World peace is absolutely necessary. The public opinion of the world is in favor of lasting peace.

Peace cannot be achieved through violence. It can only be attained through understanding. Let there be peace on Earth and let it begin within ourselves. When you find peace within yourself, you become the kind of person who can live at peace with others.

The other people thought that peaceful minds let to peaceful speech and actions. If the minds of living beings are at peace, the world will be at peace. Who has mind at peace, you say? The overwhelming majority of us live in a midst of mental maelstroms that subside only for grief and treasuring moments. We could probably count on the fingers of both hands the number of those rare, holy persons whose minds are truly, permanently at peace. If we wait for us all beings in the world to become sages, what chance is there of a peaceful world for us? Even if our minds are not completely peaceful, is there any possibility of reducing the levels of violence in the world and of successfully abating the winds of war?

Everyday we do things; we are things that have to do with peace. If we are aware of our life..., our way of looking at things, we will know how to make peace right in the moment, we are alive. You can't separate peace from freedom because no one can be at peace unless he has his freedom. Peace is a journey of a thousand miles and it must be taken one step at a time. Peace is one condition of survival in this nuclear age. Freedom from desire leads to inner peace.