

## **PEACE AND HUMAN RIGHTS**

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Once I woke up asking where I am. I get up and walk around and suddenly tears fall from my eyes then I realize that I have no place to go. Which way I go when I turn right all I can see is the war between nation to nation, the fearing sound of airplanes and the loud noise of guns? As I look back I only see is darkness and I can hear the innocent voices crying for justice, when I decided to turn left I saw people killing each other, murdering just like they are killing an animals which is not worth for living and as try to go forward same thing I saw the mad faces of people trying to have vengeance. I decided to close my eyes and continue walking then suddenly I feel something in my feet and as I open my eyes I don't know what to do when I realize that I was walking on the bloody road. In which I can feel the blood of people asking for justice wherein they sacrifice themselves just to have one thing and I wish for the same thing and that is there will be PEACE here on earth .PEACE will last long for until the world end!

I try to escape in this kind of situation then I realize there is no worth of escaping. The endless wars will go on as time goes by if we will not give solution to this problem. If we just think we can end this war through giving peace and learn to respect the rights of each other. But why until now why there is no PEACE here in this world

Why don't we just give our PEACE? Who is to be blame? Why wars and divisions are present in our society? How long we will suffer? How many lives to be wasted? How many sacrifices will it take just to have peace here on earth? Why can't we just live in this world full of love, understanding, care and why is not easy for us to set aside our hatred?

As a human being and as a citizen in this country I also wanted to have peace in this country not only for now but if possible for a lifetime. I'm not wishing it for myself but also for other people, for our children, for the children of our children and for the next generation that will exist in this world. I always wanted that my children will grow in the place wherein peace is always present and I don't want them to experience what I experienced when I was only 3 years old.

When I was 3 I witness a very miserable tragedy. A massacre happened to Ipil. I can't understand what I feel that such time and its hard for me to identify what I really feel. You can't control your self and it's hard for you to stay calm. It's the worst event happened to the town of Ipil. Wherein many people die, many people wasted their lives. At first we noticed that there are so many men in uniform holding there guns like they will go into the war .I thought they are the law enforcer but like AFP and PNP but its they

are not they are the number 1 enemy of Ipil that time. They are group of people which they call ABUSAY YAF. They killed people everywhere even innocent one. They rob from bank to bank and they get inside in the department store and killed people. I really remember when this man killed the vendor of ice cream .he killed the poor vendor of ice cream without giving just a little mercy to it. Even though this men beg for his life.

Their face is like demons, when I saw them laughing while killing and murdering people .At first I thought they are LUCIFER the one my mother told me. I am very afraid that time I did not know what to do and I did not noticed that tears are falling from my eyes .In my poor capacity of thinking I asked my mother what is really happening I don't hear any answer from my mother instead she came near to me and look at straight into my innocent eyes and without saying any words she get a box and put me into it. She put me under our bed and she told me not to go out and to be quiet, she told me to stay until she return and hide myself as I can because she said there are demons outside. My mother left me and she close the box then I was left alone in that corner wherein all I can see is darkness and all I can hear is the scream and the voices of people who are begging for their lives. I want to help them but I cant because my mother told me not to go out and at my age I have no capacity to help them because I was only 3 and a 3 years old child can do nothing in that kind of situation. I remember the word of my mother not to go out until she return. I am very worried about my mother but I have no choice but to stay and wait for them to return. I feel very pity for my mother, father and for other people that time. I don't know what to do when I hear the sound of guns and the voices of people.

I took glance outside trying to check what is happening but all I can see is darkness and all I can hear is the fearing voices of people. Then hours pass by my mother return and she brings me food to eat. As I look into the eyes of my dear mother all I can see is she is losing hope that gives me an idea that the situation is getting worst. I cry and hug my mother but she looks into my eyes and told me to stop crying and instead of crying I will pray and asked help to our Almighty GOD. She is trying to give me hope and she told me to be strong because she wants me to live and to survive in that such kind of situation. Hours pass by my father arrive and he told us that it already ends. Then my mother said" thank you LORD at last there is peace already" then a question came into my mind asking what is PEACE. What is really the meaning of peace? What is PEACE?

Some say PEACE describes a society or a relationship that is operating harmoniously and without violent conflict. Peace is commonly understood as the absence of hostility or the existence of healthy or newly healed interpersonal or international relationships, safety in matters of social or economic welfare, the acknowledgment of equality and fairness in political relationships. Buddhists believe that peace can be attained once all suffering ends. To eliminate suffering and achieve this peace, they follow a set of teachings called the Four Noble Truths — a central tenet to their philosophy. The absence of war or other hostilities, an agreement or a treaty to end hostilities, freedom from quarrels and disagreement; harmonious relations,

Public security and order: *arrested for disturbing the peace was and* inner contentment; serenity.

Bible defined PEACE is in the book of Hebrew the word for peace, *shalom*, is derived from a root denoting wholeness or completeness, and its frame of reference throughout Jewish literature is bound up with the notion of *shelemut*, perfection. In the Bible, the word *shalom* is most commonly used to refer to a state of affairs, one of harmony, tranquility, and prosperity. *Shalom* is a blessing, a manifestation of Divine grace. Of course, it also denotes the opposite of war, for the absence of war, too, suggests an orderly and tranquil state of affairs. Peace of mind, serenity, and calmness are descriptions of a disposition free from the effects of stress. In some cultures, inner peace is considered a state of consciousness or enlightenment that may be cultivated by various forms of training, such as prayer, meditation, Thai Chi Chuan or yoga, for example. Many spiritual practices refer to this peace as an experience of knowing oneself. Finding inner peace is often associated with traditions such as Buddhism and Hinduism.

If we just realize and imagine the essence of peace in our country and what is the effect of it we can say that it's better to live in the world with peace. We can stop this kind of cruel situation.

We are given the right to depend ourselves but we just wasting it because we are using it at a wrong way, we are abusing it. Many people disobey the law and they try to make their own law wherein they thought they are implementing a right law for everyone. Human must know the correct uses of this rights in order for us to have peace in our country and peace in the whole world .Knowing the correct uses of our human rights is one of the factor to achieve peace. One of the factors that we cannot achieve peace in our country is that we are abusing our human rights in fact human rights are implemented to give us peace not to give us wars. We must see the importance of these human rights because it gives peace in our society. If we abuse what they call human rights it will cause fighting and fighting will develop into a war between men and time will come war between nation to nation and war in the whole world. Let us have a strong goal in achieving peace in our society. Let us give love, peace in our country. Give value to our human rights.

Be a GOD fearing; follow the path of JESUS .Know the truth and the truth will set you free! If all of us will follow the word of our almighty GOD we can achieve peace because in the world with JESUS is the world with full of happiness, laughter and there is no wars. GOD provides us a paradise to live forever so let GOD be in the way. Let We start giving peace and hope there will be a lifetime peace in this world.