

## **PEACE AND HUMAN RIGHTS**

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Can we say that there is peace in our community if there is no peace in our heart and even in our mind? Peace begins in our selves. If there are anger, doubts/conflict and vengeance in our heart, we cannot say that there is peace in us because this thing has a power to push us in doing bad things and will touch our conscience for what we did. In our everyday lives peace is very important because without these we cannot experience happiness and comfort. How can we say that we are happy if there is no peace in our heart or even in our mind? Nowadays we have experience misunderstanding and war, a war between Muslims and Christians and others, it is because of anger that pushed them to do bad things. There are also issues related to misunderstanding that happen because of anger in our hearts. If there is love in our heart this could not be happen. Most of us want to experience peace, but because of money and or material thing, we are able to sacrifice peace and love just to have those things, without even knowing what could be the consequences if we are going to make those things?, How many people would be affected and suffered?, Is it good in the eyes of our God or not? Why should we don't try to ask this things to ourselves? We should always remember how anger can destroy our selves. I know that everybody wants to have peace, everyone of us is praying to experience peace, but because of temptations all of us were disappointed to have this is in our country. Even before conflict is present until now that the people have enough knowledge about this.

Conflict is a global problem because even in other countries war is present. There is also war between one country to another country and it would not bear good things in our nation because instead of helping individual we are pulling individual downward. Even in our own home conflict is present, conflict between Mother and Father, and even the children. We cannot deny the fact that even a simple living conflict is present which will make peace away from each other, but if there is love peace would be present and will make ourselves happy. On or before elections the official candidates for every position are making their promise to every individual that they will do their best to have peace in our community, but how can they do it if deeply in themselves doubt and conflicts are present.

Everything cannot be made if in our own selves we never experience peace, but doubts. As a leader you should be the model, you should make good things that is pleasant in the eyes of every individual especially in the eyes of our heavenly father. Sometimes leaders are leading to make conflict, they never think for the peace of all and for the best but for bad. True peace is not merely the absence of tension. It is the presence of justice At this point we will not only focus on peace, but also for the human rights. Don't you know that every one of us has our own rights? There are rights of children, rights of citizens, and the rights of every individual. The rights of children are: right to be born, right to be provided for their basic needs like food, clothing, shelter and education. In many regions, children are not given the opportunity to obtain an adequate education, they don't even have a sufficient food to eat and clothes to wear, this are all because of the poverty and lack of control in producing/ making babies. Most of the women in our new generations cannot control their emotions, so many women/ teenagers are pregnant early at this stage. Some of the teenagers that were pregnant abort their babies because of some reasons.

First is that they were afraid to be a mother at this age and second is that they don't want to be scolded or drove away, third is that maybe the father of the child won't accept it. This can be a big sin in the eyes of God because you are getting the right of a child to live in this world, and how can we do this thing to a child that do not yet commit a mistake. Isn't it unfair for them that you took their right to live? How can they felt the mysterious life here on earth? When they just can talk, I know that they will ask you to give his/her right. Some of the children are blessed because they were born, but even though they were born they felt that they were alone maybe because some of the parents were lived their kids alone. They do not give the children for what is really for them, like their right to be care and to be comfort. Some of the parents are also trying to educate their sons and daughters but not because it is their job but because they were expecting for the repayment of their child when finished in their education. There are also children that sufficient foods, like what we have seen mostly on street that some of the children pick a food in a garbage container or asked for alms. These children lose their hope to have their education. Because of poverty, most of the families were experienced difficulties most especially the parents in raising their kids especially if they have more kids. Children will suffer from this kind of situation and maybe loses their hope that their parents can provide all their needs, that's why you should have to control yourselves in making babies because it is very hard to raise many kids not unless if you have a lot of money.

The third is the right of the citizens. Citizens have the right to pursue his/ her own affairs as he prefer, the right to express his/her views, however silly they may appear to others, and the right to move about as he pleases. The rights of the citizen are so restricted that he has practically no freedom. Thus, his/her duties exceed his rights. The citizen is supposed to exist for the state. His interests are always subordinated to those of the state He should not do or say anything that may affect the rights of others. In exercising his right to act as he pleases, for example, he should not try to elope with another man's wife or say anything slanderous about her or anyone. In the same way, his actions should not cause injury or damage to any individual or his property. He cannot kill as he pleases. If his conduct infringes the rights of others, then those who have been affected by his misconduct could take legal action against him and he will be punished according to the law of the state. In this way, the state protects its citizens and their rights from the thoughtlessness of any individual in the state. This means, of course, that every citizen in the state is expected to do his duty to his fellow citizens. The citizen is also expected to give his services for the protection of the state in times of war, and to maintain law and order in his state, at all times.

The fourth is the right of the elders. Their rights are the right to be respected by those younger, and all of us know it already that it was our duty to respect for the elders. Maybe sometimes they are not a great influence to us but it does not mean that you will not respect his/her anymore because even though he/ she is not a good influence but still he is an older and we need to respect it. In this case we should respect those older, we should remember that we have the right also to correct those mistakes, but in a good way. We should not let them do bad things because if that would happen many will suffer.

The fifth is the rights of the women. Low cultural status for women translates into unequal opportunities for decent work. Just over half of all women in developing countries perform unpaid labor, typically a demanding combination of subsistence farming and caring for an extended family. Poverty greatly compounds the physical burden of this work, ranging from the collection of water to the use of hand tools for husbandry. The right of the women is to state their problem between their husband if they were being maltreated. They have the right to voice

out what are their emotions or feelings. Most of the women nowadays have been maltreated by their husband or even those women who are working in other countries were being maltreated by their employee. That is why many women who are working in other countries go home with ill feelings, even though they do not want to go home in the Philippines yet because of their standard of living but they were forced to, because they cannot survive to suffer from the act of their employee.

Spread love everywhere you go: first of all in your own house. Give love to your children, to your wife or husband, to a next door neighbor ... Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile, kindness in your warm greeting. All human beings, whatever their cultural or historical background, suffer when they are intimidated, imprisoned or tortured ... We must, therefore, insist on a global consensus, not only on the need to respect human rights worldwide, but also on the definition of these rights ... for it is the inherent nature of all human beings to yearn for freedom, equality and dignity, and they have an equal right to achieve that.