

PEACE AND HUMAN RIGHTS

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Peace and human rights do you really know what it is? Some people says peace is just a word describing the feeling of being loved or giving love but no it's a dynamic complex and a multidimensional-multilingual process. This involves charging one's value belief and behavior it is not on easy task on achieving this thing you called "peace" but one thing for sure peace does start within yourself? It's just how can you give something to others if you don't have it in you? In other words you should change the negative things inside you for a better you. If you showed respect, love and sincerity to yourself then you could have it also to others and that's the fact. Everything starts within our self. Changes sometimes are badly needed in getting something what you need to get.

And human rights, this is a set of rules which give people rights and privilege to their personal life. It is related but only a small parts on peace but for me this "human rights" thing had been to us to the day we where mark by God. It's a gift from him, our rights to live and be able to be who we are.

PEACE is defined as the freedom from disturbance, anxiety, distress, conflict or war. However, it is not a guarantee that if a country is not at war there is no violation of human rights. Sad to note that even peaceful events, human rights are violated wherein mostly are violated by members of the government and military.

Our awareness on human rights violations must not be limited or focused only during war or during crisis but rather it should be perpetual and uninterrupted.