

## **PEACE AND HUMAN RIGHTS**

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Peace is our very desire but could no longer attain because of wars, economic crisis, natural disasters, hunger and social insolvency.

A society of peace lives in harmony with all creatures of God around. In the midst of violence, discrimination and distress there is no peace. Peace can be attained if start it within us through selfless act, kindness, considerate, tolerance, openness and positive attitude that can be influenced to others. Accepting our and others' limitations, weaknesses and shortcomings expedites peace process. Being sensitive to other's feelings and showing compassion contributes much in peace process. Self-motivation is still the best formula to peaceful dealings.

Human right is our privilege but must not be abused. Human right is designed to regulate the society in order to obtain lasting peace. Therefore, peace and human rights must be given equal attention in our day to day life.