

## **PEACE AND HUMAN RIGHTS**

Juliebhe D. Viadnes  
Computer Science Department  
Universidad de Zamboanga-Ipil  
Zamboanga Sibugay Province, Philippines

Peace! What comes up into your mind when you heard this word? We may have different thoughts and ideas regarding peace, I guess.

Peace is defined as the absence of harmony in which we tend to deny the fact of having it within ourselves because our eyes are closed in showing the reality of having peace within. As what they have been saying, we won't able to have world peace if deep within ourselves we have none.

Sometimes, I keep blaming God why I do not have peace? I keep asking and blaming Him without knowing that I am the one who makes ME un-peaceful. Many of us believe in God's peace rather than a Human peace, because humans don't know the real meaning of peace. But in reality peace begins with oneself, Sometimes we're just ignoring the fact of having it first within us.

Peace is related to human rights. Abuse of human rights is chaotic and tragedy to some. Asking money in exchange for the driver's license, a policeman enjoys in disco bar while in duty, a father abusing his own child, wife battered by own husband are some examples of abuses. This only shows that whatever we do, a human is always a human.

We can change the world by doing it first within ourselves. But definitely we can't change it because each one of us has different perceptions in life. I may not able to change but I can be able to share peace in this world. Human rights can adopt peace if we do it in a good ways and not taking it for granted, Peace can be enjoyed.