

## **PEACE AND HUMAN RIGHTS**

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Peace should start from each one of us, especially in our family. Peace may mean a worry-free and trouble-free environment but that may not always be the case because unexpressed thoughts and emotions do not give a person an inner peace at all. Although, I can't really understand the hundreds of titles related to peace and human rights, I can see that peace is attainable if only the society will observe fair treatment and be more sensible than being judgmental.

Peace is quite important for technological and economic advancement. Without peace, our nation will lag behind other progressive countries in Asia. But how can peace be attained if over and over our human rights are violated and some privileged denied.

Human rights whether natural, political, constitutional, civil and other forms of rights are useless if this is not abided by the people, especially those people whom we expect to be more law-abiding like the government officials.

I think peace and human rights should be internalized by each one of us and make it a way of life for a better tomorrow.

Peace is not something we simply wish and hope for, it is something we need to act upon and something we need to share and promote.