

PEACE AND HUMAN RIGHTS

Delight T. Garrido
Nursing Department
Universidad de Zamboanga-Ipil
Zamboanga Sibugay Province, Philippines

Peace and human rights is one of our opportunities in this world. Everybody use peace. If they have some conflict to other person they cry for peace, because they don't want war or misunderstanding among relatives, friends, classmates, teachers and other person that part of their life. Like their family, they will do all things to make sure that their families have peace in their home and everyone has peace in their heart.

Anyone of us has a peace and human rights even as a baby. Human rights means we have the right to choose what we want or what they want to themselves, but we always remember as a person we are not totally perfect to get all things that we want in our self. We must think first before we do something that some people will not appreciate our work to make them happy. Sometimes it can cause misunderstanding. We can have peace in our humanities and think always that it cannot cause conflict. We are just human that our Lord makes us to live this beautiful world that He made for us. Our Lord gives us value to live in this world with peace and have some individual rights. He doesn't want us to quarrel with other person.

If we made mistake, the first thing that we can do is to say sorry to the person that we have cause conflict to have some peace of mind. Our problem may be solved for saying sorry but if we say sorry it must be sincerely said with truth and it comes from our heart. Sincerity is one best value that we can have in our selves, because the person who doesn't have peace in their own selves they don't have peace to their friends in other person that include in their life. We always heard peace is very important but all of us we don't have peace in our heart because we are not valuable person and we are not concern with the word "peace" that much.

Time will come we will used the sign of peace if we have some conflict that is the time we will realize that is very important in our life. Just for now we must be self reliance to our community and we must forgive to all the trials that we encounter. Human rights include the right to be born, right to suffrage our vote, rights to express our feelings and the most basic rights to live in this world, to have a cloth and other thing that we want.