

Peace and Human Rights

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As time passes by, people will grow older, pictures will fade, trees will grow, leaves will fall and the caterpillar will turn into a butterfly. Every sunrise there will always be hope and in every sunset there will be worries. In every tick tock of the clock there will be changes that every human were facing, what we need to do is to move on. In the lives of every human there will always be worries that will affect his existence. Worries that are either be his or the world as a whole, even I have this worries that not only myself are facing but the entire nation, the peace and human rights. The things that in exist for a very long time, many have its own view and analysis but, what is really peace? What is human right? These are questions that many have the idea but only few have the objective of making it into reality.

Peace defined as the absence of war, violence, conflict and commotion. It is the state of harmony, calmness and commonality. It is an infrequent commodity that everyone is craving for. This is what we need to be productive both in ourselves and for the community as a whole. It is the starting point of our awareness and responsibility as human as well as the demarcation line that separates unity and conflict. It teaches us to envision equality and respect towards the other individual, however, there are lots of question that boggles my mind. How important peace is? How will it be acquired? Where it is found? Why we need peace?

Peace is important in the sense that it makes us become brothers and sisters in order to build camaraderie which will lead everyone to works hand in hand for improvement and productivity. It will also guide everyone to respect individual differences, diversities and culture of which the most important in building and keeping peace standing firmly in the soul of the human being. In life we must also witness the violence and nature of war for us to be motivated to build up peace, because we cannot deny the fact that what keeps us going is what we learn from our experiences. Most of all, to firmly acquire the essence of peace, it must begin within us, because the duty of spreading it lies in our hands. It is found in our inner self that will always dominate the entire flow of our awareness on the happenings in every corner of this world. Peace from within has the special characteristic that makes it unique from others, it has pure thoughts, feeling, motives and wishes. We don't need anything so that peace will be found and acquire, what we need is our self, an ear to hear the voices of our hearts, brain and soul, for they know the true essence of peace. This thing is what we need, for it affects a lot more to the existence of human. Peace is the only key to live in harmony; furthermore, this will satisfy the choices, desires and freedom of every individual. Peace signifies equality of existence irrespective to their position, races, tradition and beliefs. It should not be for individual purposes but it should be share and serve to all avidly. We need peace to overcome prejudices and intolerance in the minds of every person in all nations and in global community, thus it denounces all forms of discrimination and violence, furthermore, it leads the society away from cruelty and inhumanity in order to live together peacefully. Peace teaches us to be more responsible in the sense of making the suffering of any group of people as the concern of all.

Human right defined as the rights that are considered by most societies to belong automatically to everyone. This is an inborn possession, like a baby in a womb who has the right to be born and live in the earth. This was the only treasure bestowed upon us and the only thing left as our property and ownership. A treasure where no one can steal and no one can demand of

where and how it will be used; only our self has the full access with this right. Its nature depends entirely on the hands of the one who owns. Human depends on his right but having no knowledge about it. How do we exercise our rights for our common good? What is its role in people's lives? How does it affect human existence?

Human rights sometimes abused by people who owns, they used it to overpower their tranquility within their selves. This will build up selfishness that will result to inhumanity. However this will helps us to overcome discrimination, and voice out our opinions to everyone that we also need respect and freedom to live. The nature of this human right depends mostly on how an individual deal with it. Being responsible is the best way to make this right prevail and dominate among all humans. Furthermore, this plays a significant role in the people's lives in such a way that this will boost our confidence to deal with people because this will serve as our weapon for discrimination and disrespect. We should learn to fight for our rights in a proper way because there are lots of people surround us who will deprive us for our rights. This will also affects human existence in the way on how we handle our rights as human, if we will accompany it with pride and arrogance expect to have a life that is full of misery, because there are people who will ignore your presence for the fact that they don't like you and no one will respect you, but if you have the respect and equality within your rights this will immediately build up good friendship and harmony among others. The human rights affection to human existence lies entirely on our own hand. Our living depends on how we balance our internal and external aspects of life. What we need is the heart that loves and the mind that think. In addition, human rights also affect human existence in a way that it will lead individual to abuse his right and use it to his own ideology specifically on political convenience. The sad fact is they are taking law into their own hands without knowing that human rights should be built into the society as a natural rule, where everybody has the right to embody its essence. Thus, it is not for the sake of individual and countries but to preserve human race.

Peace and human rights always dominate in every issues and the most talk about controversy in the world. Lots of people are always looking forward regarding on these things. These exist for a very long time but nowadays it is still the main concern of everyone. Every person embodies the responsibility of maintaining peace and preserving human rights but to some extent, there are also people who just take it for granted, they don't have the care though it will result to widespread of inhumanity and violence as well as misused of human rights. Peace and human rights always come on the same way, as if they were committed from each other and thus, certain question comes into my mind, how they affect one another? How they are related?

Human right in such a way affects peace in two ways; in good and in bad way depending on how a person defined these things and on how he deal with it. Better understanding of what is really the true essence of human rights affect peace in a very good way. What is needed is just a proper analysis to gain knowledge on what is your right and how will you exercise it. If we have it, we were able to spread and maintain peace to the entire community towards the whole world. What satisfies us is to be respected by others and to live in a peaceful life and to live with freedom. The only key is to exercise our rights in a way that everyone will respect, and thus you yourself will learn to respect and become considerate to what is being believed by others. This right has a purpose not for our own but for the others, exercising your right is not only looking on your own self but for the others too, because everything you do, you are not the only one who will be affected but also the people that surrounds you. On the other hand limiting your knowledge about these human rights will affect peace in a bad way for the fact that what you always see is yourself. Pride and selfishness sometimes result to a chaos that will affect to the insights of every human being. Best example is the latest hostage drama in Quirino grandstand that shocks everyone. It leaves how's and why's to the minds of the concern citizen. It reminds us how brutal a person if he has lots of limitation in his minds. The suspect dared to kill innocent

person just to show to everyone that he has the right for his position and no one can removed him. What he sees is only his own self, he exercises his right for his own good and for his own satisfaction. His understanding about human rights enables him to make law in his own hands. There are times we were carried away by our emotions and we failed to realize what others may feel in return. If we seek peace then we should be responsible enough to grip our rights, because we all know that peace must begin within us and it will never be come to pass if we let it be covered by our distorted human rights. Peace affects human rights by letting people realize how to own and to use his rights. If there is peace we can feel that we are free to move and we have the full access of doing things where no one can stop us. Living peacefully motivates and teaches us on how to exercise our rights properly. Peace carries us to a peaceful world of which we have our own independence.

Peace and human rights affects the live of a person as a whole. Everyone has the duty to conserve these things for the next generation. The only way to make it is to be responsible enough and oblige ourselves to be concern and be a keen observer in every situation concerning peace and human rights. Let us make our eyes always widely open and make every mind think for a common good. Let us always remember that the hope is bound to us and we are the one who will create for the path that will lead everyone to a brighter world. As human, the only way to preserve human rights and peace is to make these as our daily habit. Let us inculcate into our mind what Aldous Huxley said “I wanted to change the world but I have found that the only thing one can be sure of changing is oneself”. The quotation will always remind us that what we need is only ourselves. We are not bound to handle the world as a whole but to handle our own. The starting point begins in our mind, heart and soul where everything must be settled first. We cannot foresee on what will happen on our tomorrow, that’s why as early as now, we should give attention to the most important aspect in our life, the peace and human rights. If we just have the consciousness of these things in our self, it is very easy for us to share it with other. Let us remember that it is a long time doctrine and we must have the courage to pursue these things. We should make maintaining peace and preserving human rights as a lifetime advocacy; let us always remember that doing great things starts from a little beginning.