

PEACE AND HUMAN RIGHTS

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“When you find peace within yourself, you become the kind of person who can live at peace with others.” It is definitely true, how can certain country achieve peace when the people living in it was still trying to find their inner peace. It maybe common to us, the UZ students, that before we attain peace, we must still exercise it within ourselves. It may be taught to us by our teachers but we never value it. We are selfish enough not to take those lessons seriously. But, in reality, this is so much important to take it into our lives.

Peace is such an ordinary word, and impossible to reach. But when we're going to think deeper, it is just so easy to take.

Peace and human rights is a very important to us or peace is a mother of progress. Without peace a nation cannot make any progress. So peace is desirable. And peace is a process and a way of life. It is a frame of mind, and it begins with each of us, how we live our lives and how we act, like the way we treat our families and our friends, neighbors, and how we work out our problems. Without understanding and respect, we have nothing but a world full of intolerant individuals, each concerned only with their own beliefs and ideals. We currently live in a world full of selfish people that believe that their way is right, and anyone else, the way of thinking that differs even slightly from their beliefs is wrong. Respect also is important to achieve a peace to our country because if you have no respected to others like our leaders in our country we hardly achieve peace and also respect our individual's decision and opinions. Also we follow the rules and regulations too., and we cannot do things that against the law or bad things that affect our peace in our county, or make a things that can cause of war...

So how can we achieve Peace on Earth? First and utmost, we must find it within Ourselves. By sharing our inner peace with others, peace will spread. By raising our children properly and teaching them to respect and love their neighbors (didn't someone say this before? :) they will learn the joy of peace. The peace process should be a predominantly preventative measure (A gram of prevention is worth a kilogram of cure). (Conflict identification & prevention tips) Peace should likely start as a grass roots movement, thereby create a "trickle-up" process. Not only can we teach others about peace but we can suggest alternatives to governments and political candidates that continue to advocate war as the main solution to civil and international conflict. Along the way, some form of world "Planning and Lawmaking" committee probably needs to be established that includes all nations. One nation's problems are problems for all of us. We must learn to see ourselves as one small planet and not be so concerned with our nationality, race or religion. When it comes right down to it we are all human, and we should work together for human rights and justice for all. Shouldn't we?! Peace. I say it many times a day, and to many people, for I know what chaos is. Peace, to me, is feeling that everyone should obey the Golden Rule, "Do unto others as you would have them do unto you." Peace is a safe place where memories of anguish and hatred do not exist. It does not have to look over your shoulder. No enemies, no jealousy, no frowns. And if one cries tears, they are not salty, but sweet. Happy tears are sweet, I have tasted them. Peace is not feeling guilty when you have a nice steak, knowing that hungry babies and children exist. So far, this is impossible. Peace is melancholy, because we know that if everyone doesn't feel this way, we can't be happy. I know I can't. Peace is praying for your enemies, known or unknown, and truly wanting to have and give forgiveness in a world that is so mixed up. You can lay in your bed and go to sleep quickly, because your conscious is clear, and the world is right. Jesus said, "Peace be unto you." I want peace so badly, it makes me ill, and that is so sad. Such a contradiction. "Come on people now, smile on your brother, everybody gets together, try to love one another right now."

Why do we fight wars in the name of PEACE? I never could figure that out, and I am perplexed about it. There is too much pride and greed, and so the peacemakers are far outnumbered. I wrote a triplet some time ago, and I think it sums up my feelings---

"If the entire world would work together we could overcome the stormy weather and awaken one day to see FOREVER." I believe that if mankind would remember The Man of Peace, it would be a lovely world. As it is now, I can only hope and pray. I know I could die and be at peace, but that would be an easy out for me. However, I'd like to be around when Peace does come, as it surely will. Let us "Love one another," as Jesus told us to do.

Human rights describe equal rights and freedom for everybody by the fact of being a human, the right to choose what you wanted to do. Or however, many people have always suffered from the lack of them throughout history; in fact, the lack of human rights has a lot of effect on people's lives. The person privileged to live, choose and to decide, and their freedom showing the world that they are capable of whether it is right or wrong and this reflects their personality and a type of person they are as they performed the role of human being. Even you have rights to do things that you wanted; you can also remember that you have no rights to dictate the rights of others. Human rights are those rights which are inherent in each of us by virtue of the fact that we are members of the human species. For example, one human right would be the right to live free from unprovoked acts of violence. Another would be the right to be recognized and respected as a person. Without respect for each other's basic human rights, organized anything would be virtually impossible. The law of the land would be replaced by the law of the jungle. Protection of human rights is essential for any organized society. Respect and protection of human rights and organized government can not be separated; one can not exist without the other. Human rights are the expression of those traditions of tolerance in all religions and cultures that are the basis of peace and progress. Human rights are foreign to no culture and native to all nations. Tolerance and mercy have always and in all cultures been ideals of government rule and human behavior. Today, we call these ideals human rights.

The main purpose of these rights is to enforce balanced rights of all people. Making sure that all humans have the right of freedom, justice, and peace in the world. It also says that everyone has the right to nationality, religion, and his or her own opinion. Because people believe that human rights are important, countries make laws to protect them. These laws say that governments cannot take away people's basic rights. They make sure people who take away other people's rights are punished. Some major political organizations have made statements that promote human rights. These are not laws, but they affect us anyway. If groups or countries do not follow these statements, others will condemn them (say that they are *very* bad); and then people may not talk with them, do business with them, or help them. Abuse means to intentionally harm a person or people physically, mentally, emotionally, or verbally once or many many times. Human rights abuse follows along similarly, also keeping in count the universal human rights. Human rights abuse happens when a person is hurt in a way that violates (goes against) his human rights. Human rights abuses are also often called *human rights violations*.

Examples of human rights abuses or violations are:

- Putting a person in jail because they said that the government is doing bad things
- Taking a person's home because they are from a different country
- Not letting someone who is a citizen of a country vote because he or she is has the "wrong" kind of attribute as mentioned on top of article.
- Violence toward someone because they have a (or any) religion, or a different religion to the one of the abuser.

And many more.

Many people, groups, and countries think protecting human rights is very important. But not everyone in the world believes in human rights. If people who do not believe in human rights have political power they can hurt many people. Even if these people have no political power,

they can be violent to other people. There are many people who work to protect everyone's human rights; some of these are government groups, and some are not with any government. They are sometimes called *Human Rights Organizations*.

List of human rights

- Right to live, exist.
- To work for anyone
- To own property
- Free Speech
- Security
- Safety from violence
- Protection from the law
- Fair trial
- To be innocent until proven guilty
- To be a citizen of a country
- To vote
- To think freely
- To believe and practice the religion a person wants
- To peacefully protest (speak against) a government or group
- Education
- Eat/drink
- To communicate through a language
- To be involved in love life
- To pursue happiness