"PEACE AND HUMAN RIGHTS"

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"Until mankind can extend the circle of his compassion to include all living things, he will never, himself, know peace."

We, people of the Philippines and all nations all over the earth needs PEACE and HUMAN RIGHTS.

Where peace started and human rights were developed?

PEACE starts at our very own home, in our family and the people living at our house, in dealing with our friends and other people. It should started at home were we are started to grow up and learn new valuable things in order to enhance our self and develop how to make peace or be a peace maker in the community or much better in the country. What a great feelings right? We can be a peace maker even in a little way in our barangay, town or even at school because many conflict happened everywhere. Conflicts between nations can lead to wars. Conflict also started at a little and a nonsense things and make it more issue even if it can resolve it when one is going to be humble or low his/him/them pride but because of being so pride of him or herself conflict or war is the result of it and PEACE play as the important part of it. Based on my research: War is armed conflict between states or nations (international war) or between factions within a state (civil war), prosecuted by force and having the purpose of compelling the defeated side to do the will of the victor. Among the causes of war are ideological, political, racial, economic, and religious conflicts. Imperialism, nationalism, and militarism have been called the dynamics of modern war. I am absolutely agreed about this phrase because war is truly a factions or conflict within group. What ashamed that there is so many causes of war; it is rarely true that politics have so many conflict and cause or highlights to war. It is sad right?

PEACE, LOVE and UNITY is what our MOTHER EARTH most needs because our worlds became chaos and war shock now and our Mother Earth suffer because her lovely and beautiful nature began to destroy just because of this bullshit war that was also made by the people whose mind is some what of being challenge and who did not care what will happen after the disaster that they had made. Many neighboring country are struggling war now a days like conflicts between U.S. and North Korea about Nuclear weapons, conflict between China and Taiwan because China considers Taiwan as its territory and Taiwan thinks it's the real China, and many other rival countries that making war.

I know that PEACE, UNITY and enhancing HUMAN RIGHTS were the only solutions for every conflict exist. For peace are universal and the medication of unhealthy and sick countries. This human crimes cause traumatic reaction to our self and to our beloved people. We totally need peace for our self and for others because if theirs peace theirs no chaos, war or conflict that will happen. So bad if this conflict would not been prevented. Why People love to do war? Why there's a people whom a trouble maker? My GOD!! For heaven sake trouble maker please stop making war there is no good effect for making war. Why they would not think for the negative reaction that will happen in every action (positive or negative) that they will do? Take note... In every action there is an equal or opposite reaction. Hope if someone will make conflict they will make sure that they are the only one who is affected by what they are doing but sad to say innocent and young people are also affected. Haven't they think of their family's safety and concern? What if in the contrary it will happen to the them the things they do wrong to the other people to or to their love one? Don't tell me they are stupid which they can't feel love. .

Aren't they afraid of what we so called "karma"? So what are they waiting for? Change now when there is still chances and time waiting. Change not only for the benefit of other people but also for the benefit of himself or themselves. Change for the better for time is priceless and approachable and we can not be back again to the past 'cause past is hard to back and sad to recall because you can't change what you did in the past. A stupid past will always be remembered but can never change it. But a mistake can always be corrected and should never be repeated again. Life is great when you know how to play it well remember once you've done something, there's no turning back. Life has no rewind so we should learn to play it right. If you want peace, work for justice!! Just simply try it so that all of us will be happy in living in our lovely world with a lovely nature and man kind.

But haven't you wondered why people make conflict? What are those causes why a person makes conflict? Think about it. .

Well based again from my research I found out the 5 main causes of conflict. Watch out for this:

1. Differing values can lead to conflicts.

It means that when people have differing values, conflicts can result. If one of your personal values in life is that your family comes first, and for example if your boss' personal value is that work comes first, conflict can be the result when they ask you to stay late at work or to give up a planned family vacation due to project deadliness. What a conflict right?

2. <u>Making assumptions can lead to conflicts</u>.

Like for example if the husband assumes that his wife will have a hot meal waiting for him when he gets home from work (after all he works so hard at bringing home the bacon) and when that hot meal is not ready, conflict between the husband and wife can result.

It simply means that when one person assumes anything about another person, then it well not happen what they are assuming it totally result to conflict.

3. <u>Differing expectations can lead to conflict.</u>

We expect people to know things without us telling them. What do you mean they can't read our minds? Well, they should be able to, isn't that obvious? Well, a lot of things are not obvious to many people. Having differing expectations of people, like expecting the single person in the office to work during the Christmas or summer vacation while those married people with children expect to have the vacation time to spend with their family. We must learn to reawaken and keep ourselves awake, not by mechanical aid, but by an infinite expectation of the dawn." It was so conflict.

4. <u>Differences in the way you were brought up can result in conflict.</u>

It was in the way that we were brought up, in our religion, in our gender, and what we are race by our parents, can result in conflict with people who are different than us. If you are a person born in the 1960's and who grew up during the Great Depression, someone who was grew up during in the free-loving 1970's may have a conflict with you regarding marriage and its vows.

AND

5. Knowledge and ability to deal with conflict can result in conflict.

If we don't know how to resolve conflict or are unwilling to try to resolve conflict, this in itself can conflict with someone else who has more knowledge and is more willing than we are. If two nations are unwilling to resolve their differences, they are bound to keep that conflict alive for future generations. We see this in the news every day. Both sides are willing to give an inch to the other side and so the conflict continues.

Now I know and you know what those causes of conflict that could ignore peace are. Unity and Peace should be developed at this time so that conflict

would not lead to war. Conflict is just a minor of war because war is totally a big deal. So if theirs unity we can create and promote PEACE.

To have peace we should exercise our human rights as a human but not to the extent that we would over use our rights as a human. Human rights are rights and freedoms to which all humans are entitled.

I am so disappointed that people who are making laws and regulations for the benefit of our nation were also the first who violates certain laws that they make. Like people who is in the higher level of positions having the power to abuse the rights of some people who are under their control. Human rights are not use at that time because that people can't use his or her rights as a human because they are afraid to report to the authority. One of that is the issue of a rape victim; at that moment her right as a human is violated because she is not been respected and treated that she is also a human

Extrajudicial killings and forced disappearances is also a kind of abusing Human Rights. An extrajudicial killing refers to the illegal liquidations, unlawful or felonious killings and forced disappearances. These are forms of extrajudicial punishment, and include extrajudicial executions, summary executions, arrest and detentions, and failed prosecutions due to political activities of leading political, trades union, non-governmental organizations, political journalists, outspoken clergy, anti-mining activists, agricultural reform activists, members of legal political parties or organizations that the military claims are allied with the communist movement or suspected supporters of the NPA and its political help, the Communist Party of the Philippines (CPP) by either the state government, state authorities like the armed forces and police. It also leads to conflict and became war in our own country.

So let us respect one another also the rights of every human being. Remember that a right is a freedom to be expressed. The rights to be heard and to be follow in the rest of our life. It should be everybody's concern for us to live harmoniously with the rest of God's creation.

We, human should be the one to be responsible in order to cure the sufferings of our nation. Let us be united to promote peace and human rights.

Let us bear in mind that in every particular state of the world, those nations which are strongest tend to prevail over the others; and in certain marked peculiarities the strongest tend to be the best.