

## **PEACE AND HUMAN RIGHTS**

Teofisto R. Yuayan  
BS Criminology  
Universidad de Zamboanga  
Zamboanga City, Philippines

Peace is a state of quiet and tranquility. All human have their right to have a peaceful life. If there is no peace, there would always be violence. Many have died because there is no peace. They have sacrificed their lives because they are fighting to attain peace.

Human rights are rights and freedom to which all human are entitled. Human has the rights to do anything even if it wrong or right. It depends on how the person relate to it. As a person, it is my freedom to talk, to choose, and do anything as I pleases. It is also where we can express our feelings and emotions to whom where we are angry. All human are born free and equal of dignity and rights.