## HOW TO SAVE THE EARTH

Sharifa Mutmainna S. Sharif BS Nursing Universidad de Zamboanga Zamboanga City, Philippines

Earth is a planet in which people live. We should protect it and save it against its destructions. We cannot just refrain from it and just watch it destroy because us people are the ones who will be affected if the planet we live will be destroyed.

There are several ways that we can do to save the earth. One of which is to consume less. Everything people do such as driving cars, heating homes and etc. consumes resources. Every people buy requires resources to produce and ship. We people should be aware on all of our decisions that we make in our daily lives that increases the human impact on the planet. To consume less like for example, in buying a new car, you should get one that's energy efficient. Reduce your own energy use as much as possible. Let us all support the international agreement to limit the output of greenhouse gases.

We can never change the fact that the people are the cause why the earth has its bad effects. However, we are also the solutions in saving it against its harmful destroyer. In saving our Mother Earth, it shall begin with our own selves. We must not pollute it, observe cleanliness, practiced proper waste disposal, recycle and compost.

Nowadays, there are many new technologies which could destruct the earth. Although it can make our lives more easier and comfortable, but in turn it can affect many people's lives and our Mother Earth as a whole. We are the sources but also the recipient of its effect. So, why do we need to destroy it if in turn we are the one who will suffer?