## **BUILDING A BETTER WORLD**

Rodanelle Jonah A. Gonzales

BS Medical Technology School of Allied Medicine Universidad de Zamboanga Zamboanga City, Philippines

How can we build a better world? There are lots of ways that we can make our world get better. But how can we say that our world is already getting better?

One of the indications that our world is getting better is if peace is already prevailing in our society. But, is peace the only indication that we have a better world? No, if we have peace, we should also have unity, love and cooperation with each other. If each and every one of us possesses these characteristics, then we would be able to build up strength and solidarity and therefore find ways to make our world not only better but in its best condition ever.

But how can we truly achieve peace, unity and strength? Of course, we should start the change in ourselves. It is yet the best basic solution so we can help in building a better world. If there is already love and peace in our hearts, we can apply it in our homes. Then, love and peace will prevail in our society and nation and we will be able to build a peaceful, clean and harmonious world. Indeed, it will be a better place to live in.