PEACE IS EVERY HUMAN'S RIGHT

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There are many ways to promote PEACE in the world but perhaps the best ways to promote, first and foremost, is peace within ourselves. *Self Peace is every human's right*. Before we can have a peaceful community, country and world, it has to come from peace within ourselves. This is oftentimes not emphasized and it is not given much attention and unconsciously one person who is not at peace is already the cause of trouble in the community and eventually of the country and in the world.

Peace is gradual and wonderful event that occurs because compassionate people are inspired to help others discover the joy of peace. PEACE is something that can never be bought. Money can never mean PEACE. Notwithstanding that peace can be manifested by one's behavior and in dealing with other people.

Helping others also has the direct effect of increasing our personal peace and well-being, but this is merely one of the many bonuses that come from sharing our kindness with our fellow human being.

Peace is probably the most important lesson we should learn during our lives and the sooner, the better. The fast phased of the World Wide Web may just provide and boost in knowledge and peace humankind has been waiting for. Improved communication may be the difference between extinction and survival. Through knowledge, peace will evolve. Knowledge is power. Knowledge combined with enlightenment leads to wisdom. Wisdom is peace.

The more complex of peace goes up to the point of human rights.

The recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world. The declaration of Human Rights opens up a vision of a world in which the human rights are fully respected regardless of race, religion, education or station in life. It is curious that after more than half a century from the time the proclamation was adopted by the United Nations, human rights issues continue to persist in many parts of the world-and, as serious, in the Philippines.

In relation to Peace within ourselves, I would like to give my personal opinion of what happened during the Manila hostage drama. Captain Mendoza was not at peace for many months because all he though his rights were violated. Avery simple demands; to give back his work, and not to be deprived of his retirement which is in fact from a layman's point of view, that retirement is due to him. Granted that he did violated some acts but we cannot also discount his contribution to the country. It could be done in some other ways. If he is found guilty then put him to jail. Because if he is indeed guilty, he is supposed to be placed in jail. And not just to allow him free and deprived him of his means of living (his work) because he work for his family...for their living...for their survival. While they are just free, they can do unscrupulous

things..Just like what he did. Worst enough was that he victimized foreigner which it has nothing to do with his problem nor the problem in the Philippines in general. The foreigners...I am Filipino but I join the call of the Hongkong nationals to give justice to what had happen.

Let there be Peace. Let every human give its right.