

## **The Core of a Green Heart**

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Environmental issue is really a big and an important matter nowadays. As we are tremendously experiencing the result of what mankind has been doing to Mother Earth. Different calamities and changing of climates are currently occurring in different parts of the world.

As days pass by, the earth is getting worse. If we'll not take this situation seriously, we'll definitely suffer more and the future of the next generation is gloomy. The environmental clock is getting faster and we're running out of time.

Desiring to have a more convenient life through technology is not bad. It makes our life much easier. It gives us more time to do a lot of work. But then, what is not good is if it takes over to what we must give the most importance and care for in our lives. It should be balance in a sense that as we take this world into a technical kind of life, we must also look after for the welfare of our environment and nature. It takes two to tango as the saying goes. A balance eco-life is significant in maintaining the subsistence of the world.

Going back to basic is actually a good idea. It brings us back to a much simpler, healthier and less worry life. I still remember the time when I can breathe fresh air back in my hometown and living a simple life in the countryside. I'm playing under the rain not worrying that I might get sick. Our place was not polluted. It was just a greener and a serene surrounding. The water from the mountain was so clear like crystal. Also, it was safe and fresh to drink. You can see different animals. It was so beautiful back then. The picturesque was like a magnificent painting that how I wish it is still the same. If only I can turn back the time, I would definitely love to bring back those moments and wonderful memories.

Even in little and simple ways we can surely help save Mother Earth from total destruction. There are lots of ways to do it. Such as by recycling, segregating the garbage, conserving water, turning off the lights and other devices when not in use to name a few. It is good to know that a lot of organizations, both from the public and the private sectors, communities and government bodies and agencies all over the world are doing what they can to bring this issue up and fight for this cause. Nonetheless, the most important is "us" the individuals and citizens of this world. No one can and will do it except us.

Although it may seem very easy to say that we can do it, it essentially needs a great effort to make our advocacy happen. What we need now is an action. In order for us to achieve our goal, we must have the right discipline, determination, perseverance, patience, courage and willingness to stand in our ground and make a change. After all, everything that we do is for our own benefit.

We must work hand in hand, step by step to turn this effort in having a positive outcome for our hard work not to be in vain. A happy and an optimistic thought and an open heart give us a good and positive vibe to make a difference.

One word...one dream...make a CHANGE...YES WE CAN!