

HUMAN RIGHTS MAKE MAN HUMAN

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“ If we do not struggle with all that we have and do all that we can to vindicate our rights, we not only condemn our rights to death; we also condemn our hopes and our dreams, our present, and our children’s future”.

- No cause is more worthy than the cause of human rights. Human rights are more than legal concepts: they are the essence of man. They are what make man a human. That is why they are called human rights: deny them and you deny man’s humanity. Almost everywhere human rights are extolled yet almost everywhere they are violated and nowhere with less shame than in our country.
- Human rights are enumerated in five great international documents and two great national documents. The international documents are the universal declaration of human rights which the united nations adopted on december 10, 1948; its two implementing covenants: the international covenant on economic , social and cultural rights and the international covenant on civil and political rights, both which took effect in 1976. The two national documents are our malolos constitution of 1898 and the Philippine constitution of 1953.
- Each of the great documents on human rights enumerates more than twenty human rights. Because so many are listed, many of us find it hard to grasp their scope. Let us start from the basic
 - 1) None of us asked to be born. And regardless of who our parents are and what they own, all of us are born equally naked and helpless, yet each with his own mind, his own will and his on talents.
 - 2) Even if we may not know who our parents are, we are never born without parents, and never live outside society, a society with its own peculiar culture, history and resources.
 - 3) Once a society reaches a certain degree of complexity, as almost all societies have, society can act only through the government. But government always remains only an agent of the society; it never becomes society itself; it never becomes the people themselves. It is always and only instrument of the people.
- In the present Philippine setting of our human rights record we are listed as the country who never give focus and attention to our human rights records and violation like: Salvaging, Extra Judicial killing’s (Maguindanao massacre) Poor health, Unemployment, low wages, Exploitation, Suppressing dissent , Human trafficking and many more are violations. The big question is the government are doing something to limit or eradicate these menace in our society. In my own point of view there are two strategies we could follow: either convince the government o change policies or change the government. As individuals we can refuse to accept weekly the violation of our rights and those of others, we can go to law againts those who trample on or rights and stand witness when the rights of others are trampled upon. We can initiate or join protest, petitions and public demonstration againts abuses. At the very least, we can publicly show our sympathy for the victims of abuse and our condemnation of the abuses.

“A man who will not labor to gain his rights, is a man who would not, if he had them, Prize and defend them”.

“All human beings are born free and equal in dignity and rights”.

“When there were no human rights, the exceptional individual had them. That was inhuman. Then equality was created by taking the human rights away from the exceptional individual”.