

**Name: Dr. Audrey Newsome**

**Country: USA**

**Organization: The Bully Suicide Project.**

**Solution: Pres./CEO,**

## **The Bully Suicide Project - Survivor Stories(3)**

1. Tell Me About Yourself (What are your hobbies, beliefs, likes, etc)

My name is Vic, I am 22 years old and I am currently a student at Richland College planning on transferring to Texas A&M Commerce during the fall to major in Communication Arts. I am a member of the Youth Board at Youth First Texas and I have also been part of the iLead team at YFT as well. I play volleyball for Dallas Independent Volleyball Association (DIVA) and I also enjoy playing tennis during my free time with my friends. I was born and raised in Lima, Peru and I moved to Texas 7 years ago. I live, love, and breathe art. I enjoy every single aspect of it. My goal is to eventually go to grad school to master my skills and hopefully teach at the collegiate level.

2. Tell Me About Your Personality

I am pretty shy at my first, but once I get to know you I open myself up. I am very friendly and I like getting to know new people. I am also a hopeless romantic and I am I guess you can say old school when it comes to romance in general. I am an over achiever and I am always looking for a new project, goal, or adventure.

3. Tell Me About the First Time you remember being bullied (where, how you felt, the names, you were called, how you dealt with it)... See More

I've always had a very supportive group of friends and supportive people in my life in general. I wasn't out in high school, so I've never experienced bullying at school. The first time I was bullied was actually at work. I got called all kinds of names by my co-workers, I even had one of my co-workers try to push me while I was on a ladder, and because I needed the money at the moment, I had to put up with all the insults almost 40 hours a week. I ended up quitting that job almost after two months. While I was working there I was depressed and suicidal. I felt like my life wasn't worth living because all I did was work, I didn't have time for anything else, and the environment where I was working was just such a negative environment to be at.

4. Names you have been called

Faggot, wetback, fat ass, freak, pussy, etc...

5. Tell Me About how bullying has effected you

I think the scariest part of the situation was having the feeling of not wanting to live anymore.

6. Have you thought about suicide? If so, what did you do about it.

I have, more than once actually. I tried hanging myself a few times but I just couldn't do it. The most scary experience was when I tried to jump off a bridge. I sat there for almost 30 minutes looking down at traffic thinking about jumping and ending my life.

7. What are ways you have dealt with suicidal thoughts?

I have great friends that have helped me get through it. I have also seen counselors before that have helped me deal with my thoughts and experiences.

8. What makes you a survivor?

I think just the fact that I am still alive and I didn't give up makes me a survivor.

9. What is your message of hope to the person just like yourself?

Don't give up, things will get better, but you have to stick around to make those changes happen.

10. The quote that you live by today because of your experience is....

Every time you have a problem look at it as a new opportunity waiting to happen.

**The Bully Suicide Project :**

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