

## Being Green, Going Green

How we treat each other is reflected on how we treat our environment. From our friendly next door neighbor and the green grass on our front lawn, contrasted the seagulls and fish trapped in the oil spill in the Gulf of Mexico, there is a direct correlation between 'being' green and 'going' green.

For the past few years, 'going' green has become very popular and becoming easier and easier to achieve. It involves just a few changes in our everyday lives, but those small changes add up to evolve into one huge change for humanity. I recycle everything possible and drive a Hybrid vehicle. I turn off the lights and the water when they are not needed. I eat organic foods and purchase sustainable products. There are countless possibilities to reduce our carbon footprint.

We improve the environment by improving ourselves. It is an endless cycle; a cycle that is our responsibility as world citizens to continue. With one person, and one step at a time, together we can make this world a great place to live, to breathe, and to BE.