At times all it takes to make a huge difference is to initiate a small change. In these days of social networking, there are many friends on your profile page that you have added at different points in time. Some could be your professional contacts, some are high school friends, some are just random adds. How many of them do you actively touch base with on a regular basis? The answer for most would be that you have not heard from many of them since they got added! At your end of the bargain, you have not written anything to them or posted a single comment ever. That's because you are busy with your lives and strangely find yourself connecting online with those who are part of your daily lives offline. It's a rather strange trend but we do leave messages and mails for people we meet personally in the course of a day. The wonders of digital communication, I guess!

The trick to get out of this self-created shell is to make a move. Connect with that friend today. Do it now. That will prompt your friend to reply back and probably do the same to another friend. It would be really nice if people pick this up like a Mexican wave at soccer stadiums! I know it's a bit of a wishful thinking, but what are dreams if they are not impossible at face value? People call is the butterfly effect. That's when a lot of good happens in a chain set off by a seemingly insignificant event like the fluttering of the wings of a butterfly. You may be disappointed to find out that your chosen friend never responded back. But never give up on hope. Smile! Make connections. Say Hi to whomever you can think of. Being the trend-setter, you will have to face the initial hurdles. If you have the fire in you to start something that has not been done before, you will definitely not mind the hiccups on the way. Pass the smile!